

**October/November 2003**

Dear Prevention Partners Coordinator:

**Show Us Your Intent**

Letters of Intent have been sent to each worksite in the state. If you have not returned your letter of intent to our office as of yet, please make sure and do so as soon as possible. We need these letters in order to update our database to continue sending you valuable health information each month. And don't forget to give us your email address, as we are now using e-mail to send registration forms and announcements. If you did not receive your letter of intent or have any questions, please call us at (803) 737-3820. We value everyone's participation in our program!

**Chronic Disease Workshops**

We have four chronic disease workshops coming up in the near future. Workshops are open to all employees, their dependents and retirees. The workshops currently scheduled are as follows:

- Women's Reproductive Health    Oct. 8, 2003    Columbia    10:00 a.m. - Noon
- Healthy Heart    Oct. 23, 2003    Florence    Noon - 4:30 p.m.
- Men's Health Issues    Nov. 12, 2003    Columbia    2:00 p.m. – 5:00 p.m.
- Healthy Heart    Nov. 13, 2003    N. Charleston    9:30 a.m. – 1:00 p.m.

Registration forms for any of our chronic disease workshops will be available approximately one month prior to the workshop date and can be obtained from our website, [www.eip.sc.gov](http://www.eip.sc.gov) (click on "Stay Healthy and Save" and go to "Early Detection"). For more information, contact Ramsey Makhuli at (803) 737-3823 or email him at [rmakhuli@eip.state.sc.us](mailto:rmakhuli@eip.state.sc.us).

### **Heart Profilers**

Heart Profilers is an online resource for customized information tailored to the user's health. The target group for this resource is heart disease patients, their families and their caregivers. For demonstration purposes, customers can use the following username and password to explore the patient profiler.

www.americanheart.org/heartprofilers

Username: demo@nexcura.com

Password: 1234

Heart Profilers patient and professional categories include: Atrial Fibrillation, Cholesterol, Coronary Artery Disease, Heart Failure and High Blood Pressure. Within the next few months, stroke and weight management will also be included on this list.

Some valuable information for patients includes: What medical treatments may be right for their heart condition? What are the pros and cons of each? What research studies have been done, and what were the results? What are the important considerations they should discuss with their doctor?

The American Heart Association's Heart Profilers will give patients and professionals a personalized report, specifically designed for them. It gives them the key information they need to take charge of their health and to fully participate in treatment decisions. This online resource provides the most current and best resource of information for heart disease available.

### **Preventive Worksite Regional Screenings**

For those who would like to participate in one of our regional screenings, the next three are as follows:

- October 15, 2003      Rock Hill      Catawba Regional Council of Governments
- November 5, 2003      Beaufort      Beaufort-Jasper Water & Sewer Authority
- November 19, 2003      Darlington      Darlington County School District

Registration forms can be obtained from our website, [www.eip.sc.gov](http://www.eip.sc.gov) (click on "Stay Healthy and Save" and go to "Early Detection"). For more information or to have a registration form faxed to you, contact Elliott McElveen at (803) 737-0112 or email him at [emcelveen@eip.state.sc.us](mailto:emcelveen@eip.state.sc.us).

### **Reminder**

Don't forget, this year's Health at Work conference will be taking place on December 12, 2003 at the State Museum here in Columbia. So please join us for a day of learning how you can make your worksite a healthier place!

#### **Contents of this mail-out are:**

October/November *Coordinators' Communiqué*  
October Bulletin Board Service/November Bulletin Board Service  
Awards of Excellence Application  
Avenues Newsletter